TERM 1 DATES FOR YOUR DIARY

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>29 January - 6 February</td>
<td>No school for Preps on any Wednesday throughout February</td>
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<tr>
<td>2 – 14 February</td>
<td>Preps dismissed at 2.00pm</td>
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<tr>
<td>Wednesday, 4 February</td>
<td>2015 School Council nominations accepted</td>
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<tr>
<td>Monday, 9 February</td>
<td>Preps’ first full day at school</td>
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<tr>
<td>Wednesday, 11 November</td>
<td>Whole school assemblies begin</td>
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<tr>
<td>16 - 20 February</td>
<td>Instrumental music lessons commence</td>
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<tr>
<td>Wednesday, 18 February</td>
<td>Class meetings to be held</td>
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<tr>
<td>Friday, 27 February</td>
<td>Final day for discounted school fees</td>
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<tr>
<td>Wednesday, 4 March</td>
<td>First school assembly for Preps</td>
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<tr>
<td>Friday, 6 March</td>
<td>Student free day</td>
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<tr>
<td>Monday, 9 March</td>
<td>Labour Day holiday</td>
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<tr>
<td>Friday, 27 March</td>
<td>Last day of Term 1: 1.30pm dismissal</td>
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<tr>
<td>Monday, 13 April</td>
<td>Term 2 commences</td>
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<tr>
<td>Tuesday, 21 April</td>
<td>School photo day</td>
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FROM THE PRINCIPAL...

Dear Parents, Carers and Friends

In the light of UPDATED advice from parents of the children concerned, our responsibilities and the health needs of our children, the following foods (and products made from them) should not be brought to school AT ANY TIME:

- ALL nuts and nut products (e.g. peanut butter, Nutella, chocolate bars and snack bars containing nuts) – this includes almonds, almond meal and walnuts.
- ALL legumes
- ALL seafood

Anaphylaxis is a sudden, life threatening allergic reaction, but with proper management and prevention strategies, the risks can be substantially reduced. Our school is mandated to provide a safe and supportive environment in which all children diagnosed at risk of anaphylaxis can participate equally in all aspects of their schooling.

We all need to work together to minimise exposure to allergens that may cause harm to children diagnosed with anaphylaxis.

Deborah and I are currently in discussion about the impact of these needs on the tuckshop menu.

We thank you for your support and cooperation in observing this important request.


CLASS MEETINGS

Class meetings for all year levels will be held in Week 4, between Monday, 16 February - Friday, 20 February.

Class meeting times are as follows:

- Prep (Mara & Rachel): Wednesday, 6.00pm – 7.00pm
- Class 1 (Ingrid, Kath & Claire): Tuesday, 7.00pm – 8.00pm
- Class 2 (Natalie & Dionne): Tuesday, 6.00pm – 7.00pm
- Class 3 (Alison & Rachel): tbc
- Class 4 (Kate): Wednesday, 6.00pm – 7.00pm
- Class 5 (Roger): Monday, 6.00pm – 7.00pm
- Class 6 (Cathy): Monday, 6.00pm – 7.00pm

These meetings allow teachers to speak about their programs and their aspirations for their class, and will enable you to ask questions and clarify your understandings.

Please note that the meetings will not provide the opportunity to speak to teachers about individual children. Rather, separate meeting times should be scheduled if you wish to speak to teachers in more depth about your child’s learning needs.

We hope to see you there!

FOOD GLORIOUS FOOD!

At our little school, where there is always something happening, there are lots of opportunities to get involved. Indeed, we need willing supporters to assist us to deliver our programs - as big or as small as they may be. If you have some spare energy and time, and you want to make a difference for your child, please consider the following:
Tuckshop
At present, we are looking for enthusiastic volunteers to support Deb in the tuckshop program. Food purchase, preparation, serving and clean up duties don’t do themselves, and all help is most welcome.
A roster on the window of the school office provides a chance to add your name and become part of the team.

Sushi
A small team of parents manage the sushi program, but often, with great difficulty, as helpers are few and far between. If we want this program to continue, we need new volunteers. If you can assist on a Tuesday or Wednesday, for an hour or so, please contact Cap: 0458 671 115.

Free Fruit Friday
As Stella is unable to continue in this role this year, we would welcome any volunteers who are available to coordinate the program, and help us to further encourage healthy eating habits. The program would be best supported by a small team, and Stella is willing to provide a handover.
Please contact the office if you are able to help.

SCHOOL COSTS
Accompanying this newsletter, you should have received a letter outlining school charges and contributions for 2015, that are now due and payable.

FINANCIAL ASSISTANCE
Information about available financial assistance, including
- Schoolkids Bonus
- Child Care Benefit
- State Schools Relief

Unfortunately, the government no longer provides financial support through the Education Maintenance Allowance.

SCHOOL BANKING

School banking will start next Friday (Friday, 13 February), for those students who currently have accounts. School banking will then continue each Friday throughout 2015.
More information about a sign up day will soon be available for those families wishing to start school bank accounts with ‘the Bendigo’.

With warm regards,
Meron 😊
Meron Drummond,
Principal

Help your kids manage their asthma
Checklist for Parents

| Does your child have an up to date Asthma Action Plan (Asthma Care Plan)? |
| The Asthma Care/Action Plan tells the school how to manage your child’s asthma and what to do if their asthma gets worse. This should be updated & signed by the doctor on an annual basis. |

| Does your child carry their reliever puffer and spacer with them at all times? Or is it readily available to their Carers? |
| Medication needs to be available wherever your child may be (school, child care, sporting field, home) |

| Are you and your child aware of their asthma triggers? |
| Do you take steps to avoid these triggers? Are the Teachers aware of these triggers? |

| Do you listen to what your child says? |
| They will be aware of their asthma symptoms and should be able to tell you when they need their medication. |

| Does your child take their asthma medication correctly? |
| Good technique allows more medication to get into the lungs where it is needed. Talk to your doctor or pharmacist if you would like to check your device technique. |
How to change the world in less than a minute...

Imagine if, for one week, our lives were filled with uplifting news stories, inspiring quotes, kind comments...
Imagine, if for one week everyone united to focus on the positive.

Random Acts of Kindness Week (RAK Week), Feb 9-15, 2015, is a 7 day celebration of kindness.

Let’s flood social media with kindness! Post your acts of kindness with #RAKWeek2015.

DO
one act of kindness. It can be for someone you know, someone you don’t know, or even yourself!

#POST
your act of kindness with #RAKWeek2015 to celebrate kindness and inspire others to do the same.

SHARE
this page with friends and family.

Want to know more? Looking for ideas?
http://rakweek.randomactsofkindness.org/#Home

Who eats the bad bugs in your garden?

General workshops
10am – 1pm Saturday 7 February
10am – 1pm Sunday 29 March
A workshop for local gardeners
Learn about insect pests and their predators in the garden. Learn the basics about Integrated Pest Management, including how to avoid unnecessary use of insecticides in the garden.

Community leaders workshops
10am – 3pm Sunday 8 February
10am – 3pm Saturday 28 March
A workshop for community leaders eager to learn about Integrated Pest Management and take the message back to their own gardening communities
Take part in a 3-hour workshop, and then help to facilitate the following 2-hour kids workshop

Kids workshops
1pm – 3pm Sunday 8 February
1pm – 3pm Saturday 28 March
A workshop for kids (recommended for ages 4-12)
Learn about the life-cycles of ‘good’ and ‘bad’ bugs in the garden. Workshop includes a bug hunt.

Free workshops @ Buna Reserve
Community Garden
Bays Crescent, Heidelberg West

Bookings: http://www.trybooking.com/GNPQ
Enquiries: bunagarden@gmail.com or Yuki Cameron 0414 489 814

Banyule City Councils
IPM
Banyule (community Health)
Dance is a Transformative Art, an artistic expression of the body

What will my child learn at LaliChi studios?

Children learn different things at their own time and space. They learn the appreciation of elements of nature as we embracing movement of earth, fire, water, and air. They also learn expressive ballet, so they learn the basics of classical ballet but also how to express their emotions, feelings and moods in the dance; consequently it increases their self-esteem and acceptance of self to their life journey.

It is a program designed to increase your child awareness of their personal movement style and imaginary play, learning the spontaneous self-expression and self-discovery by increasing their movement repertoire.

LaliChi Studios support children as they grow in a dynamic way, grow their self-esteem, confidence, social and emotional wellbeing.

Embracing the juice of Creative Dance Therapy - Steiner Philosophy and Nia Dance into a LaliChi Program for Children.

Enquiries:
Monica Espinoza
0411 230 444
Email: info@lalichistudios.com.au
Website: www.lalichistudios.com.au
Eltham Studio
Please drop this order, with the correct money, into the box in the classroom by **3.30pm on Wednesday**.